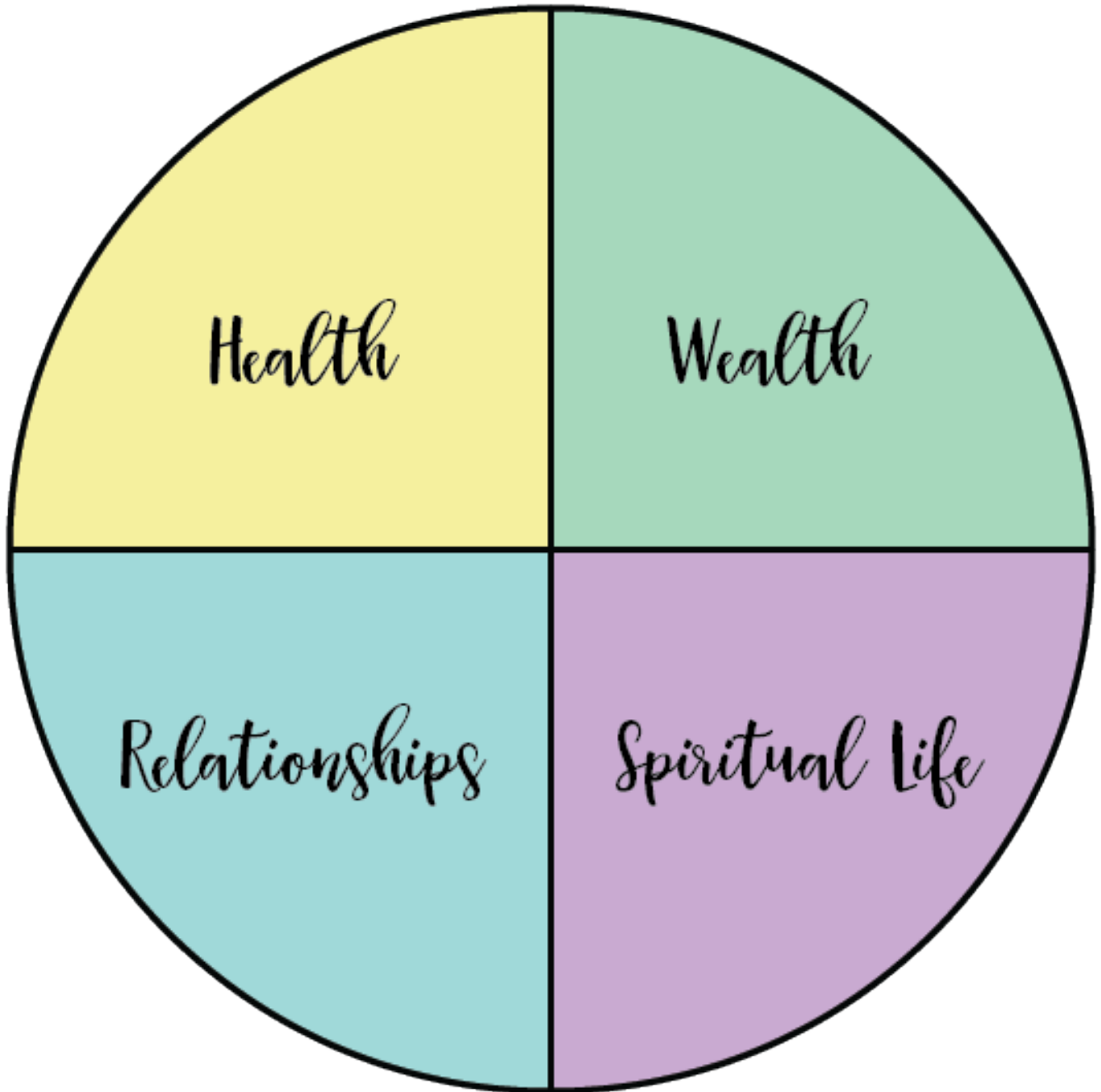


ABUNDANCE



Self-Assessment

(Given with compassion
& from a state of awareness)

When in a state of lack:

- I make the choices that I make because I am caught up in fear and lack.
- I make the choices that I make because I am caught up in guilt and people pleasing.
- I make the choices that I make because I am caught up in low self-worth and doubt.
- I make the choices that I make because I am caught up in chaos and distraction.

When in a state of abundance:

- I make the choices that I make because I am aligned with love.
- I make the choices that I make because I trust my intuition.
- I make the choices that I make because I feel inspired by creativity.
- I make the choices that I make because I am a channel of abundance.

Channel of Abundance

My life is supported by the abundance of the earth.

I feel and flow with the creative rhythm of life.

I am willing to take inspired action toward my interests and desires.

I give love generously and receive love openly.

I listen to my inner guidance and speak the language of abundance.

I see myself as an expression of radical self-love and abundance.

I understand my role and contribution to the abundance of all that is.